



RESOURCES AND SERVICES 2026

IN CASE OF EMERGENCY CALL 911

WHERE TO CALL FOR HELP:

BC Nurse Line – 1-866-215-4700 or 811

Fraser Health Crisis Line – 1-877-820-7444

Help Line for Children – 604-310-1234

Sexual Abuse Intervention Program

604-792-4267, Monday – Friday, 9:00am – 4:30pm

S.M.A.R.T. Surrey Mobile Assault Response Team

604-244-2830 - 24-hour sexual assault crisis response for women/gender diverse individuals.

Kids Help Phone (24hr) – 1-800-668-6868

BC Bereavement Helpline – 1-877-779-2223

Grief and loss support, education and resources.

Monday – Friday, 9:00 am – 5:00 pm, www.bcbh.ca

OVERDOSE PREVENTION

DRUG CHECKING

Mountainside Harm Reduction Society

(Fentanyl Screening Strips and FTIR) - Chilliwack Health Unit

Monday, 2:00pm – 6:00pm

45470 Menholm Road, www.mtnsidesociety.ca/drug-checking

OVERDOSE PREVENTION SITES

Ruth & Naomi's Mission

Monday – Sunday, 6:00am – 10:00pm, gates close at 9:00pm

46130 Margaret Avenue, 604-795-2322 ext. 401

Lookout Society – Chilliwack Wellness Centre

Drug checking and naloxone training/supplies available

Wednesday and Saturday, 2:00pm – 6:00pm

45951 Trethewey Avenue, 778-900-6303

OVERDOSE PREVENTION APPS

Lifeguard App

Lifeguard App uses its lifesaving functionalities to automatically contact emergency responders if a user becomes unconscious or unable to function in the event of an overdose.

www.lifeguardddh.com

NORS Line – National Overdose Response Line

NORS is an overdose prevention hotline for Canadians, providing confidential, nonjudgmental support whenever and wherever you use substances.

1-888-688-NORS (6677), www.nors.ca

HOUSING SUPPORT SERVICES

PCRS – Chilliwack Housing Hub/Annis Residence

Provides access to private rental units with personalized support to maintain housing and access services. The Chilliwack Housing Hub also delivers the Supported Rent Supplement Program (SRSP).

Monday – Friday, 9:00am – 4:30pm

45921 Hocking Avenue, 604-795-5994

www.pcrs.ca/our-programs/housing-hub/

BC Housing

Monday – Friday, 10:00am – 4:00pm

604-648-4270, www.bchousing.org

HOUSING SUPPORT SERVICES CONTINUED

Wilma's Transition Society – Homeless Prevention Program

Monday – Friday, 8:30am – 4:30pm
Unit 101 - 7075 Vedder Road, 604-824-0939
www.wilmastransitionsociety.org

Connective Support Society – Homeless Prevention Program

Monday – Friday, 9:00am - 5:00pm
604-226-6382, www.info@connective.ca

Salvation Army – Outreach

Supports people experiencing homelessness with long-term housing solutions and housing applications.
By appointment only. Monday – Friday, 8:00am – 4:00pm
45746 Yale Road, 604-703-4524
chilliwackcc.outreach@salvationarmy.ca

COUNSELLING SERVICES

Wilma's Transition Society

Free counselling services for individuals, youth, and families.
Monday – Friday, 8:30am – 4:30pm
Unit 101 - 7075 Vedder Road, 604-824-0939
www.wilmastransitionsociety.org

Chilliwack Mental Health – Fraser Health

Monday – Friday, 8:30am – 4:30pm
45470 Menholm Road, 604-702-4860

Ann Davis Transition Society

Free counselling services for women, men, youth and children.
Monday – Friday, 9:00am – 5:00pm
9046 Young Road, 604-792-2875
www.anndavis.org

PCRS – Chilliwack Substance Use and Prevention Services (CAPS)/Astra Youth Substance Use Counselling

Ages 13-23, Wednesday, 9:00am – 12:00pm
45921 Hocking Avenue, 604-795-5994

PCRS – Chilliwack Substance Use and Prevention Services (CAPS)/Astra Youth Substance Use Counselling

Ages 19+, Wednesday, 9:00am – 12:00pm
45921 Hocking Avenue, 604-795-5994

HEALTH SERVICES

PCRS – Chilliwack Health and Housing Centre – HIV/HCV Prevention Education Program (The Bus)

Harm reduction for all ages through a mobile outreach bus in Chilliwack, Agassiz, and Hope to Boston Bar.

Monday – Friday, various locations

604-795-5994, www.pcrs.ca

Ruth and Naomi’s Mission – New Hope Health and Wellness Clinic

Free drop-in, confidential access to health care services.

Wednesday and Friday, 9:00am – 12:00pm

46129 Princess Avenue, 604-798-2183, nhhw@chilliwackdivision.ca

Cedar Strong

Sexual assault services for anyone over 12 years of age who has experienced or been impacted by sexual violence.

Monday – Thursday, 8:30am – 3:30pm

604-869-6337, www.cedarstrong.org

Peer Support – Chilliwack General Hospital – Emergency Department

Advocacy and harm reduction through the emergency department.

Monday – Sunday, 8:00am – 4:00pm & 2:30pm – 10:30pm

45600 Menholm Road, 1-236-522-1082

HARM REDUCTION

PCRS – Harm Reduction

Ages 19+, Monday – Sunday 9:00am – 9:00pm

45921 Hocking Avenue, 604-795-5994

www.pcrs.ca/chilliwack

PCRS – CAPS/Indigenous Wellness

Counselling, outreach, relapse prevention, support groups, substance support, and referrals to treatment.

Ages 19+, Wednesday, walk-in 9:00am – 12:00pm

45921 Hocking Avenue, 604-795-5994

www.pcrs.ca/chilliwack

Mountainside Harm Reduction Society

Harm reduction supplies and drug checking.

For hours of operation, see Drug Checking under Overdose Prevention

www.mtnsidesociety.ca

Fraser Health – Overdose Outreach Team (OOT)

For services, text your name, address and phone number to:

236-332-4857, oot@fraserhealth.ca

INCOME/EMPLOYMENT ASSISTANCE

Ministry of Social Development and Poverty Reduction

Computers available for use.

Monday – Friday, 9:00am – 4:00pm

45540 Yale Road, 1-866-866-0800

WorkBC Employment Services Centre

Offers in-person services by appointment, as well as virtual services.

Monday – Thursday, 8:30am – 5:30pm Friday 9:00am – 4:30pm

Unit 200 – 45905 Yale Road, 778-860-5452

www.workbccentre-chilliwack.ca

Salvation Army

Financial support to address barriers for long-term housing solutions.

Wednesday – Thursday, 10:00am – 3:00pm

45746 Yale Road, 604-703-4524

www.chilliwacksa.ca

Chilliwack Resource Centre

Offers access to employment centres, housing registry supports, year-round income tax preparation, and affordable transit options for low-income individuals.

Tuesday - Thursday, 9:00am - 2:00pm

Unit 215 - 9181 Main Street, 604-702-9595

info@cwkresourcecentre.ca

EMERGENCY/SUBSTANCE USE SERVICES

Fraser Health – Adult Day, Evening, Weekend (DEW) Treatment Program

Provides group-based support for individuals who are looking for an intensive day, evening or weekend outpatient substance use treatment program.

Ages 19+. Open 24 hours, 7 days a week.

45600 Menholm Road, 1-888-587-3755

www.fraserhealth.ca/Service-Directory

PCRS – Chilliwack Health & Housing Centre

Harm reduction services.

Monday – Sunday, 9:00am – 9:00pm

45921 Hocking Avenue, 604-795-5994

www.pcrs.ca/service-resource-centres/chilliwack-health-housing-centre

PCRS – Chilliwack Health & Housing Centre – Chilliwack Substance Use and Prevention Services

CAPS program and Indigenous Wellness, counselling, outreach, relapse prevention, support groups, substance-affected support, and referrals to treatment programs.

Ages 19+, Wednesday, walk-in 12:00pm – 4:00pm

45921 Hocking Avenue, 604-795-5994

www.pcrs.ca

Cyrus Centre – Youth Shelter & Resource Centre

Intake is 24/7 and self referrals are welcome.

Ages 12-24, Meals: 9:00am, 12:30pm, and 6:00pm

45845 Wellington Avenue, 604-795-5773

www.cyruscentre.com

Ruth and Naomi’s Mission – Pillars & Foundations Shelters

Provides group-based support for individuals who are looking for an intensive day, evening or weekend outpatient substance use treatment program. Open 24/7.

46130 Margaret Avenue, 604-795-2322 ext. 401

www.ranmission.ca/community-services

Rapid Access to Addiction Care Clinic – Chilliwack General Hospital

For individuals with substance use concerns with the goal of facilitating assessment, initial stabilization and transition to community-based clinics and services. Opioid Agonist Treatment (OAT) services. Self-referrals welcome.

Monday – Friday, 9:00am – 5:00pm

45600 Menholm Road, 604-703-6976

www.fraserhealth.ca/Service-Directory

SHELTERS

Ann Davis Transition Society – Women’s Centre

Shelter is open 24/7.

Office: 604-391-1993 Emergency Cell: 604-845-6535

www.anndavis.org

Cyrus Centre – Youth Shelter & Resource Centre

Intake is 24/7 and self referrals are welcome.

Ages 12-24, 45845 Wellington Avenue, 604-795-5773

www.cyruscentre.com

Salvation Army – Shelters

Women’s (19+): 24/7 intake

45746 Yale Road, 604-792-4486

Men’s (19+): 24/7 intake

45748 Yale Road, 604-392-8510

www.chilliwacksa.ca

Ruth & Naomi’s Mission – Pillars & Foundations Shelters

Men and women shelter.

Ages 19+, open 24/7.

46130 Margaret Avenue, 604-795-2322 ext. 401

www.ranmission.ca/community-services

Lookout Society – Chilliwack Wellness Centre – Shelter

Men and women (19+) shelter with 30 shelter beds.

45951 Trethewey Avenue, 778-900-6303 or 604-378-0913

TRANSITION HOUSING

Wilma’s Transition House

For single women and women with children.

24/7 crisis line at 604-858-0468

www.wilmastransitionsociety.org/get-support

Cyrus Centre – Switchback

Low barrier housing for youth.

Ages 16-24, 604-392-6318, www.cyruscentre.com

Chilliwack Community Services – The Village

Second stage transitional housing program for youth.

Ages 16-18, 604-702-2900, www.comserv.bc.ca/housing

Ann Davis Transition Society – Transition House

Temporary pet-friendly shelter and support for women and women with children fleeing domestic violence, in a communal living setting.

604-792-3116 or text at 604-819-3557, www.anndavis.org

SHOWERS/LAUNDRY

Cyrus Centre – Youth Shelter and Resource Centre

Ages 12-24, Monday – Sunday, 12:00pm – 5:00pm

45845 Wellington Avenue, 604-795-5773, www.cyruscentre.com

Pearl Life Renewal Society – Resource Centre for Women

Drop in Wednesday – Friday, 10:00am – 3:00pm

Office: 604-402-4673 or 24hr Client Support: 604-791-1314

www.pearlliferenewal.com

Salvation Army – Outreach

Showers: Monday – Friday, 8:00am – 3:00pm

Laundry: Monday – Friday, 8:00am – 2:00pm

45746 Yale Road, 604-703-4524, www.chilliwacksa.ca

Lookout Society – Chilliwack Wellness Centre

Guest showers and laundry 9:00am – 5:00pm (as available).

45951 Trethewey Avenue, 778-900-6303

MEALS

Cyrus Centre – Youth Shelter and Resource Centre

Ages 12-24, Monday – Sunday

Breakfast 9:00am – 10:00am, Dinner 6:00pm – 6:30pm

45845 Wellington Avenue, 604-795-5773

www.cyruscentre.com

Pearl Life Renewal Society – Resource Centre for Women

Drop-in, Wednesday – Friday, 10:00am – 3:00pm

Office: 604-402-4673 or 24hr Client Support: 604-791-1314

www.pearlliferenewal.com

Ruth & Naomi's Mission

Lunch 12:00pm – 1:00pm and Dinner 6:00pm – 7:00pm

46130 Margaret Avenue, 604-795-2322

www.ranmission.ca

Salvation Army Care and Share Centre

Ages 19+, Lunch: Monday – Friday, 12:00pm – 1:00pm

45746 Yale Road, 604-792-0001

www.chilliwacksa.ca

Lookout Society – Chilliwack Wellness Centre

Monday – Sunday, Breakfast 7:30am – 9:00am

Lunch 12:30pm – 2:00pm, Dinner 6:00pm – 7:00pm

45951 Trethewey Avenue, 778-900-6303

DETOX/RECOVERY SERVICES

Ruth and Naomi's Mission – OASIS Residential Addiction Treatment Services

Provides group-based support for individuals who are looking for an intensive day, evening, or weekend outpatient substance use treatment program.

Women (19+) Monday – Thursday, 8:00am – 3:00pm

46130 Margaret Avenue, 604-795-2322 ext. 207

Men (19+) Monday – Thursday, 8:00am – 3:00pm

45466 Yale Road, 604-799-7114

www.ranmission.ca/services

Canadian Addiction Treatment Centres: Cedarview Clinic

Addictions treatment, harm reduction services, counselling, doctors and care referrals.

Monday – Wednesday 9:00am – 4:00pm, Thursday 9:30am – 5:00pm

604-792-1070 or virtual treatment at 855-937-5020

www.canatc.ca

Alcoholics Anonymous

Meetings and online resources with multiple meeting locations in Chilliwack.

604-819-2644, available 24/7.

info@chilliwackaa.ca

www.chilliwackaa.ca

Narcotics Anonymous

Meetings and online resources with multiple meeting locations in Chilliwack.

1-855-444-2262

webcoordinator@bcna.ca

www.bcna.ca

Creekside Withdrawal Management Centre

Medically supervised detox, supportive counselling, substance use information, assessment, and harm reduction. Open 24/7.

13740 – 94A Avenue, Surrey, 604-587-3755 or 604-585-5610

www.fraserhealth.ca

Options – Home-Based Addictions Support

Assessment, short-term medical, emotional, social home detox support and after-care.

604-596-4321 ext. 21160

home.detox@options.bc.ca

www.options.bc.ca

GROCERIES/FOOD HAMPERS/CLOTHING

Cyrus Centre – Youth Shelter and Resource Centre

Ages 12-24, Monday – Friday, 12:00pm – 4:00pm

45845 Wellington Avenue, 604-795-5773

www.cyruscentre.com

Ruth & Naomi's Mission – Family Centre

Eligible individuals and families are able to access hamper services every second week.

Single and family food hampers: Wednesdays 12:30pm

Monday – Friday, 7:00am – 3:00pm

46130 Margaret Avenue, 604-795-2322 ext. 110

www.ranmission.ca

Salvation Army – Care and Share Centre

Pantry: Monday – Friday 10:00am – 3:00pm

Food Bank/Hamper: Monthly, Monday – Friday by appointment.

45746 Yale Road, 604-792-0001

Chilliwackcc.familyservices@salvationarmy.ca

Chilliwack Community Services – Youth Reconnect

8937 School Street, 604-798-3246

INDIGENOUS SERVICES

Stó:lō Service Agency

Indigenous service navigation for various supports.

Building 7 – 7201 Vedder Road, 604-824-3200

www.stolonation.bc.ca

OUTREACH SERVICES

Stó:lō Service Agency

Indigenous service navigation for various supports.

Building 7 – 7201 Vedder Road, 604-824-3200

www.stolonation.bc.ca

Wilma's Transition Society

Monday – Friday 8:30am – 4:30pm

Unit 101 – 7075 Vedder Road, 604-705-2064

www.wilmastransitionsociety.org

OUTREACH SERVICES CONTINUED

PCRS/Cyrus Centre – Coordinated Community Outreach

Monday – Sunday

45921 Hocking Avenue, 604-795-5994, www.pcrs.ca/chilliwack

Cyrus Centre: Outreach to youth experiencing homelessness.

Ages 12-24, Monday – Friday, 7:00am – 4:30pm

45845 Wellington Avenue, 604-217-1034

www.cyruscentre.com

Hummingbird Community Outreach

2SLGBTQIA+ and gender expansive support and outreach.

Ages 24 and under, 778-933-2767

info@hummingbirdoutreach.com

Pearl Life Renewal Society

Drop-in resource centre for women.

Wednesday – Friday, 10:00am – 3:00pm

Community outreach: Tuesday

Support appointments: Wednesday – Friday 3:00pm – 5:00pm

Office: 604-402-4673; 24hr Client Support: 604-791-1314

www.pearlliferenewal.com

Chilliwack Community Services – Youth Reconnect

8937 School Street, 604-798-3246

www.comserv.bc.ca/youth-services

Fraser Health – Integrated Homelessness Action Response Team (IHART)

Multi-disciplinary health care team providing low barrier wrap around support for community members experiencing homelessness.

1-236-332-1435, ihart.chilliwack@fraserhealth.ca

Cedar Strong

Sexual assault services for anyone over 12 years of age who has experienced or been impacted by sexual violence.

Monday – Thursday 8:30am – 3:30pm

604-869-6337, svrcn@hopetransition.org

Please note, we do our best to update this list regularly, but programs and details are subject to change. Please contact before visiting to ensure times and services have not changed.