

Mission Statement

Chilliwack Hospice Society is a community based Volunteer organization which accepts death as a part of life. We support individuals and families during the dying and grieving process.

Congratulations!!



Emcee Charmaine Crooks; five time Olympian, Lee White, Kath Murray

Congratulations to Lee White who was recently awarded the 2011 BCHPCA Shara-Lee Volunteer Award in recognition of her 25 years of service! Lee became a hospice palliative care volunteer in 1985, after attending a one-day workshop "Helping the Dying Person". At this workshop, healthcare providers and members of the Chilliwack community identified the need for hospice palliative care in the Chilliwack community. Lee attended subsequent meetings, and soon planning was underway to establish an interdisciplinary team of medical professionals and trained volunteers to be available for hospice visiting in the community and the hospital.

In January 1986, Lee was part of "Chilliwack Hospice Volunteers" and applied to the Chilliwack Social Planning Committee for start-up funds of \$2,000.00. Later that spring, Lee along with other members of the group attended a hospice volunteer training course through the Abbotsford Hospice Society. Soon after this training, the "Chilliwack Hospice Volunteers" were placed under the umbrella of the Fraser Cheam Home Support Services Society and the hospice volunteer community visitation program began.

In October 1986, Lee co-facilitated the first local hospice volunteer training sessions and the following year, helped with the establishment of the hospital visitation program and volunteer co-ordination. In 1992, enough funds were raised to hire the first paid staff member.

Since those early years of the formation of Chilliwack Hospice Society, Lee has continued to volunteer in all aspects of the organization and even today, some twenty-five years later, is an "active" volunteer as the co-facilitator of the Second Step Grief Support Group. Her commitment and passion for the dying and bereaved has never wavered. This inspirational woman has quietly, behind the scenes, been an instrumental part of BC's "hospice movement". She is most deserving of the Shara-Lee Volunteer Commemorative Award.

June 16, 2011

Annual General Meeting Updates

We would like to take this opportunity to thank outgoing Board Members: Lorna Cross, Ida McAleer, Denise Parker, and Wendy Ritchie for their service.



Joan Weir, Geri McGrath, Ed Kaye

A very special thank you to our longtime advisor, Joan Weir, who has recently retired.

A warm welcome is extended to our new Board Members: Cheryl Bennewith, Darlene Koller, Greg Knill, Shawn Molner, and Lynne Wells.

Thank you for being a part of our team!

Thrifty Boutique Announcement

Chilliwack Hospice Society is proud to announce the appointment of our new **Thrifty Boutique Coordinator, Lori-Ann Mark**. Lori-Ann started her new role on June 6th and comes to us with extensive retail and thrift store experience.



Take a moment to come in and meet our new Coordinator!

We are always looking for more volunteers to join our team. For as little as 4 hours a week you could be a part of a dedicated and passionate team! We continue to depend on you, our community, for donations of good furniture and gently used clothing and household items.

Thank you Chilliwack for your compassionate commitment, you help support the many programs and services Chilliwack Hospice Society offers to our community free of charge.

Program Updates

We are hoping to run a First Step Grief Group over the summer and currently have ads running in the paper. We would also like to run a teen group over summer and have several teens interested at this time. And we are now offering a Pregnancy and Infant Loss Program for parents who have lost an infant to miscarriage; stillbirth; or within the first year of life. If you or anyone you know could benefit from attending one of these groups, please contact us at 604-795-4660 for further information.

Film Series

The first film of our series was presented on May 5th, 2011. "One Week" is the story of a man with a life-changing diagnosis who makes a cross-country trek on his motorcycle as he decides what to do next. 56 people from the community attended and 42 stayed for the discussion afterward. The question of how to broach the subject of death and dying without fear or awkwardness was raised, which confirmed the need for community conversations. Thank you to Dignity Memorial for sponsoring this event.

Horse Whisperer Grief Camp

On Saturday, June 11th, 26 participants and 25 volunteers, gathered at White Dove Stables for our 3rd Annual Horse Whisperer Grief Camp. This year participants had not previously attended a Grief Support program, so we also held an orientation on the 8th where 22 children and 6 leaders attended. Both days were an overwhelming success where friendships were forged, relationships built, and healing began to take place. In participant evaluations, we asked "What did you learn about your grief?" and received responses such as: "That although it is sad, there are others that can help you through it." "That there is no way to stop or control it." and "Don't be scared of feelings just because you can't see the pain." Thank you to the many, many, volunteers who helped make this day so wonderful.

HORSE WHISPERER GRIEF CAMP THANK YOU



Logo Created by Kim McElroy

Thank you to the many, many hard working Volunteers & Committee members who were instrumental in making our day so very special by giving of their time and their hearts. We could not have done this without you. Thank you!

Thank you also to the following for being a vital part of our Horse Whisperer Grief Camp:

Sponsors:

Bronze: Corner's Pride Farms
Iadome Tree Nursery

Media: Chilliwack Times
The Chilliwack Progress
89.5 The Hawk

Donours and Supplies for the Day:

Dollar Giant, Abbotsford, Fred Hahn, Old Dutch Chips, Hofstedes Country Barn, OK Tire Agassiz, PriceSmart Foods, Real Canadian Superstore, Save-On-Foods.

Thank You to:

Tom Berry: Riding, Chiron's Way/Sandra Wallin: Reflective Station, Cristal Biela: Art, Linda Brown: Photos, Taylor Dyck and Tara Robert: Miniatures, Lorna Janzen: Food, Jadestone Photographic Arts, Sunnyvale Miniatures, White Dove Stables and Val Jackson: Host. www.thevalleyvoice.ca, www.chilliwacktoday.ca

Our Amazing Committee:

Cristal Biela, Val Jackson, Garth Pettersen, and Karen VanderMeulen! *Thank you, thank you, thank you!!*



All 25 Horse Whisperer Grief Camp Volunteers!



Mary Collins (OSJ), Coletta Holmes, Kamloops Hospice Association, Comox Valley Hospice Society, Charmaine Crookes

Sovereign Order of St. John of Jerusalem Knights Hospitaller Award

On May 12th, 2011, we proudly accepted the above noted award at the BC Hospice Palliative Care Association's Annual Conference. A cheque in the amount of \$5000.00 was presented in response to an application submitted on behalf of our Relaxation Program. Funds will be used to "increase the delivery of services to our community through increasing the number of trained volunteers, additional community education and promotion and by purchasing necessary equipment". Plans are underway to increase our visits to Cascade Hospice Residence and for fall training.

Volunteer Corner

Client & Patient Volunteer Education, Training & Workshops

Dignity Memorial Spiritual Care Teleconference

Twelve volunteers and three staff attended the Dignity Memorial Spiritual Care Teleconference on April 13th.

Sts'ailes Cultural Awareness Workshop

On April 21st two staff and six volunteers attended a one day workshop hosted by Sts'ailes (previously known as Chehalis Indian Band) at the Charlie Long House in Chehalis. The goal of this workshop was to gain a deeper understanding of cultural and spiritual practices and death protocols within First Nations communities.

Vigil Training

Vigil training for new volunteers took place on May 28 from 9:00-4:00 pm. Fifteen volunteers attended with Cristyne Mamish: Cascade Hospice PCC, Diane Strauss: Relaxation Team member, and Helen McIntosh as guest speakers at this training.

Hospice Volunteer Spiritual Companion Training

Twenty-five people attended the Fraser Health Hospice Volunteer Spiritual Companion Training June 2-9, facilitated by Charlene Neufeld – End-of Life Care Spiritual Care Practitioner. This training provided Client and Patient Volunteers with increased knowledge about how to better support and understand the psychosocial and spiritual needs of palliative patients within a health care setting.

Upcoming Client and Patient Volunteer Events

Education & Support Meeting September 20

Fall Hospice Volunteer Training begins September 27th

Donations made in memory of loved ones from April - June 2011

- | | |
|-------------------------|---------------------|
| ♥ Julie Houlker | ♥ Paul Vaillancourt |
| ♥ Edythe Peel | ♥ Ethel Welch |
| ♥ Betty Wain | ♥ Lallie Moore |
| ♥ Sally Edmonds | ♥ Brian Chinery |
| ♥ Vera Dunham | ♥ Olga Bussey |
| ♥ Florena Wick | ♥ Bill Clark Sr. |
| ♥ Jim Lee | ♥ Ronald Elliott |
| ♥ Archie "Mac" McLellan | ♥ Roger Bolger |
| ♥ Ed Boyle | ♥ Bert Vandebeek |
| ♥ Irene Oesch | ♥ Joe Hume |
| ♥ Sue Lock | ♥ Winnifred Brett |
| ♥ Alfred Miles | ♥ Judy Hoppe |
| ♥ Mary Jane Wenham | ♥ Donna Nelmes |
| | ♥ Rita D'Souza |

Volunteer Garden Party

at Chilliwack Hospice Society's Rotary Hospice Centre **Thursday Aug. 25th , 6:00-8:00 PM**
rain or shine!



Volunteers, please join us for a special dessert.
RSVP by Aug. 15th if you and a guest are attending: tammy@chilliwackhospice.org

Check out our new Website.
Go to
www.chilliwackhospice.org



**Hospital Visiting
Team Leader
Brenda Janzen**

Brenda will be stepping away from this role at the end of June. In her role as team leader, Brenda attended weekly hospital rounds, and provided leadership and support to the members of the hospital team. We would like to thank her again for her passion, dedication and many years of service as team leader. Brenda and her dog, Misty Joy, have been volunteers with the Chilliwack Hospice Society since November 2005.

Board Of Directors

Ed Kaye
President

Darlene Koller
Treasurer

Rick Chappell
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Cheryl Bennewith
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Shawn Molner
Sharon Nunn
Doug Pugh
Ann Ramsbottom
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Tammy Genzale
*Director of Hospice Services
and Operations*

Coletta Holmes
Program Coordinator

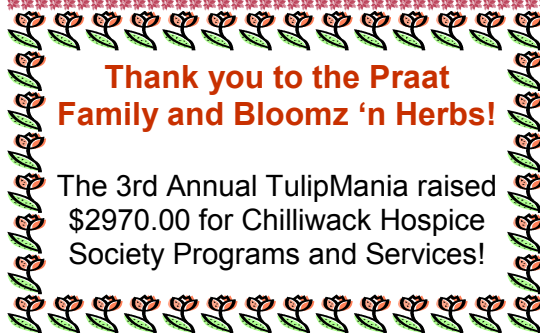
Chris Mason
Housekeeping

Lori-Ann Mark
Thrifty Boutique Coordinator

Shirley Downie
Susan Greenway
Bonnie Yule
*Thrifty Boutique Assistant
Coordinators*

Thank You

- ◆ Chilliwack Dogwood Lions Club for the donation of three computers and software.
- ◆ Rainbow Estates Quilting Ladies for children's quilts.
- ◆ Chilliwack Lace Club for the beautiful butterfly mobile.
- ◆ Myrna Meyer for her donation of two hanging baskets.
- ◆ Wilma Warner for putting together the rest of our hanging baskets.
- ◆ Cristyne Mamish, Diane Strauss and Helen McIntosh for sharing your stories, knowledge and wisdom during the Vigil Training.
- ◆ Charlene Neufeld, Fraser Health EOL Spiritual Care Practitioner for facilitating the Hospice Volunteer Spiritual Companionship Training.
- ◆ All our wonderful team leaders: Eileen Lemna (Office), Doug Aldrich (Cascade Hospice Residence), Brenda Janzen (Hospital), Dorothy Cornish (Vigil).
- ◆ Lee White and Yvonne Campbell who so faithfully oversee the 2nd Step Grief Group.
- ◆ Administrative Volunteers who work at the Thrifty Boutique, in our office, at the Bingo Hall, the Hike Committee, the Gala Committee and on our Board!
- ◆ Client Volunteers! Thanks for those of you who visit, comfort and support the dying and bereaved in ways that never cease to amaze!
- ◆ Relaxation Program Team for bringing "healing touch" to those in our community.
- ◆ M Grondin Plumbing and Heating for donating time and supplies to the Thrifty Boutique



Thank you to the Praat Family and Bloomz 'n Herbs!

The 3rd Annual TulipMania raised
\$2970.00 for Chilliwack Hospice
Society Programs and Services!

**Our Office is closed on the
following dates:**

August 1 (BC Day)
September 5 (Labour Day)

Thrifty Boutique

4 hrs a week gives you the opportunity to make new personal connections while helping out our store. If this is of interest to you please call Lori-Ann at 604-846-2226.

The Thrifty Boutique is always in need of furniture, décor and gently used clothing. Please drop off donations Monday through Saturday, 9:30-4:30 at 230-45428 Luckakuck Way (BCAA Center)

Thank you to Chilliwack Hospice Society's Official Newsletter Sponsor!



Tim Rowan
Manager
Abbotsford
Mission
Chilliwack

Woodlawn - Mt. Cheam Funeral Home

45865 Hocking Ave., Chilliwack (604) 793-4555



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