

### Mission Statement

*Chilliwack Hospice Society is a community based Volunteer organization which accepts death as a part of life. We support individuals and families during the dying and grieving process.*

Prospera Credit Union and the  
Chilliwack Hospice Society present ...



A spectacular gala evening to support  
Chilliwack Hospice Society's Programs and Services.

**November 6, 2010**

**The Coast Chilliwack Hotel**

**Tickets: \$150.00 each**

**Tax deductible receipt for \$75.00**

**6:00 pm Cocktails (no host bar)**

**7:00 pm Gourmet Dinner**

**Live Band: Stompin' Hot Jazz Band**

**Silent & Live Auction**

**Emcee: Chuck Strahl**

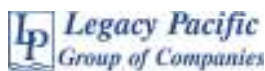
Special accommodation rates available at The Coast Chilliwack Hotel  
for Gala attendees.

**Tickets go on sale Friday, October 1, 2010**

at the Chilliwack Hospice Society's

Rotary Hospice Centre – 45360 Hodgins Ave. or call 604.795.4660

**Soaring Sponsor:**



**Taking Flight:**



**Cheryl Bennewith, Notary Public**

**Supporting Partners:**



**Spreading Our Wings:**

Baker Newby LLP, Chill - Air, Earl's Restaurant Chilliwack, Martens  
Asphalt Ltd., RE/MAX Nyda Realty, Woodlawn Mt. Cheam Funeral  
Home

### Garden Party 2010



Relaxing in the sun at the Volunteer  
Garden Party held August 19, 2010

**Raffle Tickets on sale NOW at  
Chilliwack Hospice Society's Rotary Hospice Centre  
45360 Hodgins Avenue, Chilliwack ~ 604.795.4660**

**Tickets: \$5.00 per ticket**

1. A three tone 14 Karat Cuff Bangle with 12 Carats of fancy coloured sapphires and .36 total weight of round brilliant VS diamonds. Designed and crafted by The Goldsmith Shoppe. Value: \$17,500.00 – **The Goldsmith Shoppe**  
*Drop by The Goldsmith Shoppe at 45974 Yale Rd to see this incredible piece!*



2. One night's stay at Rowena's Inn on the River and 2 rounds of golf at the Sandpiper Golf Resort with a power cart. Value: \$455.00 – **Pretty Estates**
3. A two night stay at Queen Victoria Hotel and Suites in beautiful Victoria, BC. Value: \$400.00 – **Star 98.3**

**Raffle Draw Date: Nov. 6, 2010 at 10:00 pm**

B.C. Gaming Event License # 26615

### Volunteer Christmas Potluck ~ Dec. 16, 6-8pm

Volunteers are invited to our  
Annual Volunteer Christmas Potluck  
here at our Centre.



**Please bring your favorite holiday dish.**

**RSVP by Dec 3 if you and a guest are attending to:**  
[tammy@chilliwackhospice.org](mailto:tammy@chilliwackhospice.org).

## Program Updates

The ads have gone out and we are eagerly awaiting registrants for our Fall groups. Beginning in October, we plan to run a First Step Grief Group on Mondays, a Children's Grief Group on Wednesdays, and we hope to also provide a much needed service in the way of a Teen Group as well.

Our relaxation group continues to run Monday mornings by appointment only and we are looking forward to offering services at Cascade Hospice Residence beginning in November.



### Celebrate a Life

The Chilliwack Hospice Society's *Celebrate a Life* tree will once again be at Minter Country Gardens (Young Road) from Sunday, December 5th to Tuesday, December 21 between the hours of 2:00 PM and 8:00 PM. Everyone is invited to stop by our table, chat with one of our Volunteers and place a butterfly on the tree in memory of a loved one.

*We are looking for trained Volunteers to take a shift. Please contact Coletta if you are able to help out at:*

604 795 4660 or [coletta@chilliwackhospice.org](mailto:coletta@chilliwackhospice.org).

### Christmas Parade

The Chilliwack Hospice Society is excited to be part of this year's **Christmas Parade**, Saturday, December 4th at 6:00 pm. We have some preliminary ideas and donated trees from Minter Country Gardens but are looking for a few people to help with design and assembly of the float. This will be a fun time and an excellent way to promote Chilliwack Hospice Society while supporting our community. For more information, please call

Coletta at 604-795-4660 or email her at [coletta@chilliwackhospice.org](mailto:coletta@chilliwackhospice.org)

## MEMORIAL CELEBRATION



On November 18, 2010, the Chilliwack Hospice Society will host a Memorial Celebration. This event will take place on November 18, 2010 at the Chilliwack Arts Center at 45899 Henderson Ave. from 7 – 8:30 pm. This evening will be offered to the community as a time to spend remembering loved ones and being in the presence of others who have experienced loss. Special music will be provided as well as Jim Gaetz speaking on the topic of "Getting Through the Holidays". Light refreshments will be served. For more information, to volunteer or to register, please contact Coletta at 604-795-4660.

### *The Soul's Glow*

*There was a spectacular sunset, seen from the back lounge of the ferry.*

*The sun was molten orange; the clouds reflected scarlet, ruby, coral, butter yellow,  
purple, mauve.*

*The bright, brilliant sun became larger, and shimmered, just before it slowly slipped over  
the curve of the earth.*

*And I thought, this is like the soul leaving the plane of this life.*

*We can see that its glow goes with it, into a welcoming world of light.*

*And it leaves behind fabulous colours that touch the loved ones gathered nearby, and the  
colours linger, linger, linger...*

*As the brightness and colours fade, there is sadness and a yearning for the soul's return.*

*We come to accept that this soul won't return to us in this life in the way that we knew it.*

*But, there is comfort knowing that it glows and shines wherever it is, and that it touched  
our soul with its love, while it was with us.*

*Virginia O'Brien*

*June 13, 2008*

*Duke Point to Tsawwassen ferry.*

## Thrifty Boutique:

260 – 45428 Luckakuck Way ~ 604.846.2226

**Volunteers Needed:** If you have **4 hours a week** to contribute, this is the place to be! Meet new people & make a difference.

Pick up your application and browse the store from  
Tues - Sat ~ 10:00 - 5:00

**Donations Accepted: Mon – Sat ~ 9:30 – 4:30**

We accept **gently used items:**  
clothes, décor, small appliances, and furniture.

### Mark Your Calendar:

**Oct 21<sup>st</sup>:** buy one item in the store and get the second half price

**Nov 9<sup>th</sup>:** Christmas Celebration with refreshments and treats!

**"Happy Halloween" costumes available now.**

## VOLUNTEER SPECIAL EVENT

On August 26, the Chilliwack Hospice Society, in partnership with other provincial Hospice Societies, hosted a successful one-day conference for hospice volunteers. This first time event was attended by over 130 hospice society volunteers and staff from across the province.

During the day participants attended a variety of eclectic workshops that ranged from practicing mindfulness, discovering the healing powers of labyrinth, team building, learning to speak the language of virtues and drumming for mind and body health. Participants also had the opportunity to network with each other through guided networking sessions and many signed up for healing touch, reiki and reflexology sessions that were offered throughout the day.

A special thank you to our keynote speaker/workshop facilitator Glenda Standeven, co-author of the book "Choosing to Smile"; our many other gifted workshop facilitators – Pamela Auffray, Bill & Anne Godden, Dr. Zoe Dennison, Gregory Webber, Kate McCandless, Geri McGrath, Lucy Fraser and Kira Vandeusen for leading such inspiring, creative and fun workshops; those who facilitated the guided volunteer networking sessions; and the many people behind the scenes at Yarrow MB Church who made the day such a success a huge success!

Another outcome of the day was for those attending to discuss future hospice volunteer events and the Central Okanagan Hospice Association has offered to host the event next year in Kelowna!



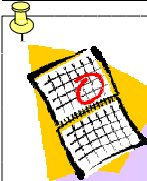
## Donations made in memory and in honour of loved ones from July –September 2010

- |                   |                                |
|-------------------|--------------------------------|
| ♥ Susan Teskey    | ♥ Joseph Dyck                  |
| ♥ James Ballam    | ♥ Phyllis Larson               |
| ♥ John Waller     | ♥ Lyle Cross                   |
| ♥ Iola Bates      | ♥ Tina Driessen                |
| ♥ Norma Coxall    | ♥ Dale Hoskins                 |
| ♥ Monte Lee       | ♥ Anne Peters                  |
| ♥ Aron Riediger   | ♥ Nora Humphrey                |
| ♥ Gordon White    | ♥ Doreen Monkman               |
| ♥ Tina Peters     | ♥ Sonia Fane                   |
| ♥ David Hertgers  | ♥ John Rooney                  |
| ♥ Joyce Lounsbury | ♥ Dorothy Pavey                |
| ♥ Edie Toop       | ♥ Karl Hehlert                 |
| ♥ Joan Gray       | ♥ In honor of Judith and Brook |



... to Bill and Anne Godden for their donation of finger labyrinths. Bill makes finger labyrinths based on patterns of labyrinths around the

world. He donated a replica of the 9 circuit Chartres Labyrinth as well as two 7 circuits and twelve 3 circuits labyrinths. Labyrinths are used as a contemplative, grounding practice and we hope to have the Goddens come back to teach us more about them.



## Upcoming Events

- |             |  |
|-------------|--|
| Sept. 28    | Basic Hospice Training Begins                |
| Oct. 9      | World Hospice Day-display at Cottonwood Mall |
| October:    | Grief Groups Begin                           |
| Nov 6:      | November Night Gala                          |
| Nov. 18     | Memorial Celebration                         |
| Dec 5 - 21: | Celebrate A Life at Minter Country Gardens   |
| Dec 16:     | Volunteer Christmas Party                    |
| March 1-31  | Spring Basic Hospice training                |

## Volunteer Corner

### Upcoming Volunteer Training

- ♥ Fall BHT September 28-October 28
- ♥ Children's Grief Group Training October 4 & 20
- ♥ Spring BHT March 1-31

### Volunteer Education & Support Meetings

- ♥ September 21 7:00-9:00 pm
- ♥ October 27 7:00-9:00 pm
- ♥ November 30 7:00-9:00 pm

## Board Of Directors

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Denise Parker

*Treasurer*

Rick Chappell

*Past President*

Ann Ramsbottom

Doug Pugh

Ida McAleer

Lorna Cross

Sharon Nunn

Wendy Ritchie

Sharon Gaetz

*Honorary Board Member*

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Joan Weir

*CNS Hospice Palliative Care*

Dr. Ron Bull

*Palliative Care Program Physician*

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Geri McGrath

*Executive Director*

Lucy Fraser

*Director of Programs*

Colleen Rush

*Coordinator of Client and  
Patient Volunteers*

Tammy Genzale

*Operations & Development  
Coordinator*

Coletta Holmes

*Program Coordinator*

Chris Mason

*Housekeeping*

Janice Hill-Jones

*Thrifty Boutique Manager*

## Thank You ...

- ◆ Our Volunteer Team Leaders, Eileen Lemna (Office ), Doug Aldrich (Cascade Hospice), Brenda Janzen (Hospital ) & Dorothy Cornish (Vigil ).
- ◆ Lee White and Yvonne Campbell who so faithfully oversee the 2nd Step Grief Group.
- ◆ Administrative Volunteers who work at the Thrifty Boutique, in our office, at the Bingo Hall, the Hike Committee, the Gala Committee and our Board!
- ◆ Client Volunteers! Thanks for those of you who visit, comfort and support the dying and bereaved in ways that never cease to amaze!
- ◆ Relaxation Program Team for bringing "healing touch" to those in our community.
- ◆ Yarrow MB Church for hosting our volunteer event.
- ◆ For all the generous donations received from groups and individuals.
- ◆ Logan Burns, Bonnie Yule, Pauline Considine, Marja VanWyk, Doug Aldrich and Eileen Lemna for speaking about their various volunteer roles at our board orientation.
- ◆ Walter's Bulldozing, Rick, George and crew for their kind donation of equipment.
- ◆ Canex Building Supplies for their kind donation of materials at our Thrifty Boutique.

## We are Pleased to Welcome ...

Chilliwack Hospice Society is proud to welcome Coletta Holmes as our newest staff member as our Program Coordinator.

Coletta's journey into hospice work began in 2000 when she met and befriended a woman who was dying. Usually when a person makes friends it is with the intention of being long lasting though in this case it was clear from the start that the purpose of this friendship was the ending of it. After this and several similar experiences, Coletta enrolled in the Chilliwack Hospice Society's Basic Hospice Training in 2004. Since then, Coletta has supported many individuals through their end of life on an informal basis.

Coletta's formal education was completed in April 2010 with a Diploma in Social Services which included a 200 hour practicum at the Chilliwack Hospice Society over 4 months in 2009.

**Thank you to  
Chilliwack  
Hospice  
Society's Official  
Newsletter  
Sponsor!**

**Our Office is closed on the following dates:**

**October 11 (Thanksgiving Day)**

**November 11 (Remembrance Day)**

**December 24, 27, 31(Christmas/ New Years)**



**Tim Rowan**  
Manager

Abbotsford  
Mission  
Chilliwack

## Woodlawn - Mt. Cheam Funeral Home

45865 Hocking Ave., Chilliwack (604) 793-4555

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